

Your low EMF Home Articles

Your low EMF Home set of articles is separated into 9 sections, each of which can be individually downloaded. It is a 'work in progress' incorporating new information whenever time permits.

Section 9

References

1. House wiring and EMFs; introduction; what are normal EMFs? Choosing a consumer unit; electric Fields; cables; demand switches; external 'faults' in the supply that can cause high magnetic fields; Wiring in homes - SAGE report July 2007
2. Dirty electricity (DE) – What is dirty electricity? What effect does it have? What sort of levels are you likely to have? What you can do if you have high levels of DE; DE coming into the house; DE generated within the house; dLAN caution
3. Lighting and EMFs; Bulbs, incandescent, energy-saving, fluorescent, halogen, full-spectrum light, daylight, light emitting diode (LED); anglepoise lamps and other metal framed lamps, halogen desk lamps, bedside/bedhead lights, spotlights, standard lamps and table lamps, nightlights; light wiring; light switches, dimmer switches; Physiological effects of blue and red lights; circadian rhythms, melatonin, light and illness, timing of blue lights, timing of red/amber lights
4. Smart meters – What is it all about? Smart Grid; Remote reading meters; Smart meters; Wide Area Network (WAN) technologies; Home Area Network (HAN); RF exposures from Smart Meters; Experiences of smart meters in other countries; Solar storms may affect smart meters
5. WiFi general – brain damage; cancer; diabetes; DNA; electrical hypersensitivity; eyes; heart; heat shock proteins; immune system defects; kidney damage; memory effects; neurodegenerative diseases; neurological effects; oral effects; plant effects; reproductive effects; skin effects; elicited stress response and WiFi technical – WiMAX; Wireless Myths 1) We've been exposed to this radiation for years, it must be safe 2) People only got affected when the scare stories started, it must be psychosomatic 3) Being on a phone for 20 minutes is equivalent to 1 year in a WiFi classroom 4) The WHO factsheet says there is no cause for concern, and they should know; Technical Information for Different Protocols
6. Underfloor heating
7. Microwaves, windows & Pilkington K glass – the glass; frames; ventilation
8. Intermediate frequency sources – CFLs; solar-power invertors; electric car chargers; toys including electric engines; a result of DE; electronic article surveillance systems
9. References – 143 References

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